Biodiversity Christmas Guide 24 Tips for a Biodiversity Friendly Christmas



You got this!

Let's flip Christmas together from nature destruction to nature regeneration.

Christmas Tree Alternative

Leave the trees in the forest.

Instead, <u>build your tree</u> out of branches, rent a tree, decorate your indoor plants or plant a tree in the garden.

2. Gift Nature restoration

Instead of boring presents, gift the restoration of this planet. Gift <u>corals</u>, <u>m2 of habit</u> <u>protection</u> or <u>plant</u> <u>mangroves</u>. Good for the feeling, good for the wild.

Buy 2nd hand

Can't fight it & want to gift products? No prob. Instead of buying a new one, check if someone would love to give this product away.

Cheaper + resources stay in the ground. <u>Vinted</u> is great.

4. Switch the feast to veggies

Rather than preparing turkey, duck, lobster & co. Switch to vegan, vegetarian & organic produce.

My 3 favorite sources for recipes: <u>Happy Pear</u>, <u>Fork</u> <u>Ranger & Joyfull</u>

5. Go easy on Christmas lights

Light pollution <u>disturbs all</u> <u>sorts of wildlife</u>.

Does it look pretty? Sure.

Is it worth the trade-off? Probably not.



6. Volunteer

Christmas is the time to give back.

So why not use the festive time to volunteer for a nature NGO in your community?

7. Upksill your wrapping

The UK uses 227,000 miles of wrapping paper each year.

Why not upskill your wrapping game & ditch the waste with <u>Furoshiki</u> or reusable boxes? 8. Nature elevating products

Some products can help to have a more incredible experience in nature.

So gift those. E.g., Magnifying glass, binoculars, bird identification book, etc.

9. Christmas walk, surf, hike

Use the precious time together to get everyone into nature.

Leave the electronic distractions behind and spend some quality time in nature through walks, surf, hikes & CO.

10. Gift biodiversity knowledge

Knowledge is power. Power to change and make this world wilder.

Here my 3 favorite biodiversity books: <u>A Life on</u> <u>our Planet, Rewilding &</u> <u>Tapestries of Life</u>.

11. Plantable cards

Cards can be the real treasure of a gift.

So, instead of skipping them entirely, just go for <u>plantable</u> <u>cards</u>.

Your emotional message will spark life. How cool is that?

12. Reusable Advent Calendars

I don't like to give up on my <u>biodiversity-friendly</u> <u>chocolate</u> & you don't have to either.

Just use a reusable Christmas calendar to avoid unnecessary trash.

13. Gift Nature experience

Instead of products, give experiences, especially nature ones.

Go on <u>safari in the UK</u>, <u>explore National Parks with</u> <u>rewilding heros</u> or <u>swim with</u> <u>orcas</u>.

Transport lightly

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If you can see your loved ones by bike or public transport, try to keep your carbon footprint as light as possible.

15. Start composting

There will be food waste over the Christmas days.

So why not finally start to compost the waste you can?

<u>Reduces methane</u> & increases your good feeling.

16. If buy new, buy B-Corp

If there is no way around it & you have to buy new products.

Checkout the <u>B-Corp</u> <u>directory</u> of companies that care more than others.

17. Booze forBiodiversity

If you need a drink to stand Uncle Kevin's discussions, "why there is no nature crisis". <u>Nip on some Gin</u> that at the same time supports elephant conservation.

(Not promoting alcohol consumption here. I don't drink alcohol, but don't want to judge those that do.)

18. Nature game time

If your family & friends love games, get some naturethemed games that provide fun & education at the same time.

My favorite.

19. Nature movies

Christmas is also couch time.

So blend the mix of Home Alone & co. with some epic nature documentaries or nature-themed cartoons.

My 3 favorites: <u>Our Planet</u>, <u>Virunga & Blue Planet</u>.

20. Nature Christmas Decoration

Nature is full of cool decoration items.

So ditch the plastic & go for pines, mistletoe, pine branches, dried fruits, stones, or bark. 21. Green Christmas Challenge

Organize a challenge with your family, class, or hood to reduce your environmental impact together this Christmas.

22. Nature table

The Christmas lunch/dinner table is the pride of many.

So why don't you go naturethemed this year?

Use nature components or send a message through your decoration.

23. Gift of learning

Instead of products, gift learning about how to take better care of your planet.

Earthed is a great platform to do this.

24. Appreciate

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This time of the year is great to slow down and appreciate what you have & all the free services nature provides us with.

Take a moment to sit with that.

So you can recharge & make the world wilder next year.

Now, don't be overwhelmed.

Just take the 3 tips that resonated the most with you & try to implement them this year.

You got this!

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Your turn.

What's your tip for a biodiversity-friendly Christmas?



Still here?

My name is Oliver, Founder of <u>Wildya & Wild Business Mates</u>.

I attempt to transform ecoanxiety into action.

If you enjoyed this you can follow me <u>here</u>

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